

EAPM 2018

6TH ANNUAL SCIENTIFIC CONFERENCE OF THE
EUROPEAN ASSOCIATION OF PSYCHOSOMATIC MEDICINE · EAPM ·

**INNOVATIVE AND INTEGRATED APPROACHES
TO PROMOTE MENTAL AND PHYSICAL HEALTH**

Verona (Italy), 27-30 June 2018

SECOND ANNOUNCEMENT (update February 1st)

www.eapmverona2018.com



EAPM

The European Association of Psychosomatic Medicine

Under the patronage of:



EUROPEAN
PSYCHIATRIC
ASSOCIATION



SOCIETÀ
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AZIENDA OSPEDALIERA
UNIVERSITARIA INTEGRATA
VERONA



UNIVERSITÀ
di VERONA

FEBRUARY 16, 2018

**NEW
DEADLINE FOR
ABSTRACT
SUBMISSIONS!**



PRESENTATION

Physical and mental illnesses interact mutually and share common risk factors with not only additive but also synergistic effects. Comorbidity is a complex event for its numerous clinical and socio-environmental implications. Up to 25% of patients with chronic illness also suffer from comorbid mental disorders, even higher rates of comorbidity are seen for specific conditions (e.g. cancer, neurological disorders). Doctors tend to concentrate on symptoms and organs, underestimating the importance of mental health problems, especially when they accompany a serious physical illness. This is largely in the belief that the mental health issues, as simple corollaries of the major disease, are destined to disappear with the improvement of the physical disease.

On the other hand, psychiatrists, physicians for psychosomatic medicine and psychotherapy, and psychologists may be similarly reluctant to deal with medical comorbidities in their patients.

Such poor attention paid to the interplay between physical and mental disorders impacts negatively in terms of health and social costs, because of intensive, excessive or inappropriate use of resources as well as indirect costs (decrease in productivity, disability, reduced quality of life). These costs would be avoidable with the implementation of integrate and innovative interventions addressing effectively bio-psycho-social complexity. Such is indeed one of the absolute future priorities in health management worldwide.

TOPICS

Social and economic aspects in psychosomatic medicine and C-L psychiatry

- Cost-effectiveness of mental health treatments in somatic disorders
- Optimization of resources for mental health care in medically ill patients
- Impact of social issues on clinical practice in consultation-liaison psychiatry
- Stigma in physical and mental health
- Towards an operationalized bio-psycho-social approach to care in person-centred medicine
- Prevention of mental disorders in a bio-psycho-social paradigm
- Health management
- Cross-cultural mental and physical care of patients
- Immigration, physical and mental health
- Gender aspects in psychosomatic medicine
- Trauma, violence and health
- Rehabilitation at home and in the workplace

Basic psychosomatic science

- Stress, immune function, and physical disease
- Diagnostics and neuroimaging
- Neurobiology/genetics
- Inflammation as a link between psychiatric and medical disorders
- Illness perceptions and health anxiety
- The role of attachment and emotion regulation in mental diseases

Mental health problems in somatic settings and primary care

- Resilience and coping strategies in somatic disorders
- Bodily distress and somatic symptom disorder
- Anxiety, PTSD and depression in medically ill patients
- Somatoform disorders and medically unexplained symptoms
- Sleep disorders
- Eating disorders, body image disturbances
- Deliberate self-harm/suicide
- Neuropsychiatry
- Addiction disorder in the General Hospital

Psychosomatic aspects and C-L in different clinical fields

- C-L in primary care and the emergency room
- Chronic pain
- Psycho-oncology
- Organ transplantation
- Psychosomatics in cardiology
- Psycho-dermatology
- Brain-gut axis and psychosomatics in gastroenterology
- Psychosomatics in the elderly population
- Psychosocial aspects of palliative care
- Child & adolescent C-L Psychiatry
- Preventive and lifestyle medicine
- Non-invasive and invasive obesity interventions
- Psychosexual Medicine
- HIV/AIDS Psychiatry
- Perinatal Psychiatry/Psychosomatics in obstetrics and gynaecology
- Physical health in severe mental disorders

Interventions in C-L psychiatry and Psychosomatic Medicine

- Models of integrated and collaborative care
- Psychological treatments with the medically ill
- Psychopharmacology in medically ill patients
- Stress management/Mindfulness training
- Trauma focused psychotherapy
- Recovery oriented assessment and intervention

Training in C-L psychiatry and Psychosomatic medicine

- Communication skills-training for healthcare professionals
- Under- and postgraduate training in C-L psychiatry and 2. psychosomatic medicine
- C-L psychiatry and psychosomatic medicine around the world

Special topics in C-L psychiatry and Psychosomatic Medicine

- New technologies and applications
- Legal issues and bioethics
- Case Reports
- Other



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Wolfgang Söllner, Paracelsus Medical University of Nuremberg (Germany)

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Mirella Ruggeri, Section of Psychiatry, University of Verona and Verona Hospital Trust

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HIGHLIGHTS OF THE SCIENTIFIC PRELIMINARY PROGRAM

* Update February 1st 2018

Wednesday 27 June

- 8:00 - 9:00 **Preconference and Master Classes registration**
- 9:00 - 15:00 **Preconference on Psycho-Oncology joint with the Canadian Academy of Psycho-Somatic Medicine, International Psycho-Oncology Society (IPOS) and WPA - World Psycho-Section on Oncology and Palliative Care:**
CHALLENGES AND OPPORTUNITIES IN PSYCHO-ONCOLOGY: SCREENING, ASSESSMENT AND TREATMENT IN CLINICAL CARE
- 9:00 - 10:30 **Session 1**
Luigi Grassi (Ferrara, Italy)
Alan Bates (Vancouver, Canada)
- 10:30 - 11:00 *Coffee Break*
- 11:00 - 12:30 **Session 2**
Michael Sharpe, Jane Walker (Oxford, UK)
Anja Mehnert (Leipzig, Germany)
- 12:30 - 13:30 *Lunch Break*
- 13:30 - 15:00 **Session 3**
Darius Razavi (Bruxelles, Belgium)
Gary Rodin (Toronto, Canada)
Discussant: Franziska Geiser (Bonn, Germany)
- 15:00 - 15:15 *Coffee Break*
- 15:15 - 17:30 **CARUS MASTER CLASS:**
Trauma-informed care interventions
Catherine Classen (San Francisco, USA)
- 15:15 - 17:30 **CARUS MASTER CLASS:**
Group interventions for staff
Molyn Leszcz (Toronto, Canada)
- 16:00 - 18:30 **EAPM Executive Council Meeting**
- 19:15 **Special Lecture at Santa Marta University Building**
21st century psychiatry: acknowledging complexity while avoiding defeatism
Mario Maj (Napoli, Italy)
- 20:00 *Welcome Cocktail at Santa Marta University Building*

Thursday 28 June

- 8:00 - 8:30 **Conference and Master Classes registration**
- 9:00 - 10:45 **EAPM Advisory Board Meeting**
- 8:30 - 10:45 **CARUS RESEARCH MASTER CLASS:**
Research methods and targets of psychosomatic research
Giovanni Fava (Bologna, Italy)
- 8:30 - 10:45 **CARUS MASTER CLASS:**
Physical and mental health in Chronic illness
Graham Thornicroft (London, UK)
- 8:30 - 10:45 **ALISON CREED AWARD MASTER CLASS:**
Conducting randomized, controlled intervention trials in Psychosomatic Medicine
Arthur J. Barsky (Boston, USA)
- 10:45 - 11:00 *Coffee Break*



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- 11:00 - 11:30 *Opening Ceremony* * Update February 1st 2018
- PLENARY LECTURES - Session 1:**
- 11:30 - 12:15 **The economic impact of mental health care**
David Mc Daid (London, UK)
- 12:15 - 13:00 **The future of the bio-psycho-social model in the age of systems medicine**
Peter Henningsen (Munich, Germany)
- 13:00 - 14:00 *Lunch break*
- 14:00 - 15:30 **Scientific Symposia/Workshops/Oral presentations - Session 1**
- 15:30 - 15:45 *Coffee break*
- 15:45 - 16:15 **1 minute Best Poster Presentation**
- 16:15 - 17:15 **Poster Session 1 at San Francesco Cloister - Polo Zanotto**
- 17:15 - 18:45 **EURONET-SOMA PLENARY PANEL DISCUSSION:**
Developments in diagnosis and understanding of Persistent Somatic Symptoms – DSM-5, ICD-11 and beyond
Chairs: Bernd Löwe (Hamburg, Germany), Chris Burton (Sheffield, UK)
The relevance of somatic symptoms for the future diagnosis of SSD, somatoform disorders, BDS, etc.
Per Fink (Aarhus, Denmark)
What we can learn for our future understanding from our experience with DSM-5 somatic symptom and related disorders?
Winfried Rief (Marburg, Germany)
What's in the "Psycho-bundle"?
Anne Toussaint (Hamburg, Germany)
A unifying concept: functional somatic and associated disorders
Peter Henningsen (Munich, Germany)
- 18:45 - 19:15 **Special Interest Group - Session 1**
- 18:00 - 20:00 **EAPM General Assembly**

Friday 29 June

- 8:00 - 8:30 **Conference and Master Classes registration**
- 8:00 - 9:15 **Special Interest Group - Session 2**
- 9:15 - 10:30 **Scientific Symposia/Workshops/Oral presentations - Session 2**
- 10:30 - 11:00 *Coffee break*
- PLENARY LECTURES - Session 2:**
- 11:00 - 11:45 **The clinical role of psychosomatic medicine**
Giovanni Fava (Bologna, Italy)
- 11:45 - 12:30 **Chronic illness – physical and mental health**
Graham Thornicroft (London, UK)
- 12:30 - 13:30 *Lunch break*
- PLENARY LECTURES - Session 3:**
- 13:30 - 14:15 **Trauma-informed care. An antidote to trauma**
Catherine Classen (San Francisco, USA)
- 14:15 - 15:00 **Group interventions to support health care providers**
Molyn Leszcz (Toronto, Canada)
- 15:00 - 15:30 *Coffee break*



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- 15:30 - 16:00 **1 minute Best Poster Presentation**
- 16:00 - 17:00 **Poster Session 2 at San Francesco Cloister - Polo Zanotto**
- 17:00 - 19:00 **Scientific Symposia/Workshops/Oral presentations - Session 3**
- 20:00 *Gala Dinner at Giardino Giusti*

* Update February 1st 2018

Saturday 30 June

- 8:00 - 8:30 **Conference and Master Classes registration**
- 8:00 - 9:00 **Special Interest Group - Session 3**
- 9:00 - 10:30 **Scientific Symposia/Workshops/Oral presentations - Session 4**
- 10:30 - 11:00 *Coffee break*
- PLENARY LECTURES - Session 4:**
- 11:00 - 11:45 **Somatization: A Construct in Need of Reexamination**
Arthur J. Barsky (Boston, USA) - Alison Creed Award Winner
- 11:45 - 12:30 **Thirty years of CLP in Italy**
Marco Rigatelli (Modena, Italy) - Frits Huyse Award Winner
- 12:30 - 13:00 Yet to be chosen
Young researcher Award Winner
- 13:00 - 13:30 *Closing Ceremony*

AWARDS

EAPM Travel Award

The EAPM offers 10 travel awards to younger researchers.

An award including the amount of € 300,00, a year of EAPM membership and the registration fee to the conference of that respected year will be presented to younger researchers who submit an abstract to the conference.

Deadline for the Travel Awards submission: April 15, 2018

Elsevier Young Investigator Award

The EAPM young investigator award, sponsored by Elsevier.

Under the auspices of the European Association of Psychosomatic Medicine (EAPM), Elsevier has established a scientific award for young investigators in field of psychosomatic medicine, consultation-liaison psychiatry and integrated care.

CALL FOR ABSTRACTS FOR YOUNG RESEARCHERS SCIENCE SLAM

On behalf of the EAPM Special Interest Group "Young Researchers", we invite young researchers (students, residents, PhD students, and Post Docs) to submit their scientific work for our Young Researchers Science Slam.

The Young Researchers Science Slam will give young researchers the opportunity to present their research in a brief, more informal, passionate, and catchy way. It will be your chance to convince a broad audience why your research matters and why we should all care about it.

Submission deadline is February 15, 2018.

For more information about Awards and SLAM please visit the website www.eapmverona2018.com



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REGISTRATION

Registration for the Conference is accessible online [here](#)

After registration please remember to send a copy of your payment to the Organizing Secretariat (alessandra@cogest.info). No registration will be considered if it does not come accompanied by the corresponding payment.

Payment details are available on [here](#)

PASSPORTS & VISA

All visitors entering Italy must have a valid passport or an identity card for European citizens.

Citizens of some countries will be required an entrance visa. If you need an official letter for your visa, please contact the Organizing Secretariat (alessandra@cogest.info).

REGISTRATION FEES (VAT included)

Registration fees are expressed in EURO.

MASTER CLASSES (reserved up to 30 participants for each Master Class)

| Category | EARLY REGISTRATION before April 15, 2018 | LATE REGISTRATION after April 15, 2018 |
|------------------------------|--|--|
| Regular fee | € 70 | € 80 |
| Members of EAPM and ACLP (*) | € 50 | € 60 |
| Young researchers < 40 | € 40 | € 50 |

PRE-CONFERENCE

| Category | EARLY REGISTRATION before April 15, 2018 | LATE REGISTRATION after April 15, 2018 |
|--|--|--|
| Members of EAPM (*) | € 120 | € 145 |
| Non Members of EAPM (*) | € 160 | € 185 |
| Members of National Organisations associated with EAPM | € 140 | € 165 |
| Member of ACLP | € 120 | € 145 |

MAIN CONFERENCE

| Category | EARLY REGISTRATION before April 15, 2018 | LATE REGISTRATION after April 15, 2018 |
|--|--|--|
| Members of EAPM (*) | € 330 | € 380 |
| Non Members of EAPM (*) | € 400 | € 450 |
| Members of National Organisations associated with EAPM | € 370 | € 420 |
| Member of ACLP | € 330 | € 380 |
| Low income countries (**) | € 330 | € 380 |
| Students | € 300 | € 350 |
| One day ticket (Thursday and Friday only) | - | € 150 |
| One day ticket (Saturday only) | - | € 100 |
| Social Dinner tickets (Palazzo Giusti del Giardino) | € 70 | € 70 |

(*) Registration includes: Conference material, coffee breaks, lunches, welcome cocktail 27 June 2018 (Santa Marta Building)

(**) For Low income countries list check the EAPM 2018 website



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IMPORTANT DATES

January 31 2018 **February 16 2018**

March 15 2018

April 15 2018

NEW DEADLINE FOR ABSTRACT SUBMISSIONS!

Deadline for communication to the presenters of abstract acceptance

End of early bird registration

ORGANIZING SECRETARIAT

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VENUE

Polo Zanotto - University of Verona · Viale dell'Università, 4 - Verona (Italy)

ACCOMMODATION

An allotment of hotel rooms has been prebooked for the Verona Eapm 2018 Conference.

Here is the link where you can book the hotel room according to your requirements:



ITALIANO



ENGLISH

Please note that, although the Conference is going to be held during the Arena Opera season, there is a good availability of hotel and B&B rooms in Verona, either in the city centre or outside Verona.

Please also consider that most of the hotels don't have the real room availability yet online for Summer 2018.

If you wish to use other booking reservation portals please note that they tendentially do not give availability many months in advance. There is also a large variety of unique and homely B&Bs in Verona. Please see the Bed & Breakfast Association of Verona website www.veronabedandbreakfast.it

For more information about hotel accommodation visit the EAPM 2018 Conference website.

CME CREDITS

The Accreditation of EAPM 2018 Conference by the EACCME® will be requested.

PATRONAGE REQUESTED TO:

International College of Psychosomatic Medicine

Società Italiana di Medicina Psicosomatica

Gruppo per la Ricerca in Psicosomatica

Italian Ministry of Education, Universities and Research

Italian Ministry of Health

Veneto Region

Comune di Verona

Ordine dei Medici e Chirurghi di Verona

Conference updates on the website
www.eapmverona2018.com