



UNIVERSITY OF VERONA

A3 Action Group & RSN F2F Summer Meeting

*Updating active life style evidences and projects
for increasing prevention in the health system.*

Date: 11 July 2018

Time: 13.30 - 18.00 CET

Date: 12 July 2018

Time 8.30 – 17.00 CET

Venue:

1st day: Room SMT2-SMT3, Building Santa Marta, Università di Verona, Via Cantarane 24, 37121 Verona.

<https://www.google.it/maps/place/Polo+Universitario+Santa+Marta/@45.4390556,11.0091235,17z/data=!4m5!3m4!1s0x0:0xf43cc36842227467!8m2!3d45.43904814d11.0113437>

2nd day: Room D, Building Scienze Motorie (Ex-ISEF), via Casorati 43, 37131 Verona.

<https://www.google.it/maps/place/Via+Felice+Casorati,+43,+37131+Verona+VR/@45.4449303,11.0304108,18z/data=!3m1!4b1!4m5!3m4!1s0x477f5ed4bc54208d:0xcfb5bfe779d17078!8m2!3d45.4449303!4d11.0315051>



Meeting Type: *face to face.*

Introductory note.

The societal challenges that public health systems currently face, such as an ageing population, growing migratory fluxes, novel diagnostic and therapeutic approaches, pose a burden in terms of equity and sustainability.

The switch from reactive disease management towards an anticipatory care aimed at maintaining good health as long as possible demand the strengthening of disease prevention and health promotion strategies. A key role is played by the empowerment of citizens on the adoption of active lifestyles.

A3 Action Group leads the way in the EIP on AHA on piloting, validating, sharing and scaling up innovative experiences that proved effective in lifespan health promotion & prevention of age related frailty and disease. A3 AG experts are going to explore collaborative opportunities with the Reference Sites through twinings.

The main goals of the meeting are:

- Present key results produced at local or AG level with a specific focus on those results. Partners of the A3 will be encouraged to send in an abstract about their work. Abstracts will be selected for presentations based on criteria having a clear, measurable and direct impact on EU citizens;
- Present the Proceedings from Twente meeting;
- Setup collaboration bridges and agreements in view of the preparation of new proposals for twinning among Reference Sites. The RSCN partners will be invited to express interest in A3 activities, and join the meeting to explore twinning opportunities;
- Revise the matrix of the collaborative work of A3 Action Group as a starting point to revise A3 Action Plan;
- Plan next A3 F2F meeting in Denmark.



11th July 2018

Room SMT2-SMT3, Building Santa Marta, Università di Verona, Via Cantarane
24, 37121 Verona

13:30 – 14:00	<i>Registration of participants</i> <i>Welcome coffee</i>	
14:00 – 14:15	<i>Welcome</i>	University of Verona: Andrea Sbarbati Regione Veneto: Luca Coletto
	<i>Moderator: MAURO ZAMBONI</i>	
14:15 - 14:35	The policy of the Italian Health system to promote a Physical activity.	Anna Di Nicola
14:35 – 14:55	The role of stakeholder inputs and for frailty management Optimisation through EIP AHA Commitments and Utilisation of Stakeholders input	Antonio Cano
14:55 – 15:15	The risk of progressive movement reduction in the cognitive and motor disorder: evidences and interventions	Massimo Venturelli
15:15 – 15:35	The use of ICT tools to promote healthy life style in the ageing population	Michele Vitacca
15.35 – 16:00	<i>Coffee break</i>	
	<i>Moderator: ANTONIO CANO</i>	
16.00 – 16.20	ProMIS: How to enable synergies. Dedicated focus on Reference Sites initiatives promoting healthy life style for healthy tourism.	Nicola Scomparin
16:20 – 16:40	Veneto Region initiatives to promote active life style in the life span	Elisabeth Tamang
16:40 – 17:20	Presentation and definition of papers.	Guido Iaccarino



		Marcello Maggio Silvina Santana
17:20 – 17:40	Interdisciplinary research can create new perspectives in the patients engagement for the choice of an active life style.	Federico Schena
17:40 – 18.00	Results of first day work	Federico Schena Maddalena Illario
20:00	<i>Joint networking dinner with EIP AHA Action Group and RSN</i>	Restaurant: Centro Sportivo “Manuel Fiorito”, via Golino 41, 37135, Verona

Dinner Location:

Centro Sportivo “Manuel Fiorito”, via Golino 41, 37135, Verona

<https://www.google.it/maps/dir/'centro+polifunzionale+manuel+fiorito+borgo+roma+verona/@45.4012116,10.9215292,12z/data=!4m8!4m7!1m0!1m5!1m1!1s0x477f5fb5ee5668b:0x4c85f0d928bd8ce2!2m2!1d10.991569!2d45.401233>

Date: 12th July 2017

Room D, Building Scienze Motorie, via Casorati 43, 37131 Verona.

8.30 - 9.00	Skype call	Ingrid Keller
	<i>Moderator: MADDALENA ILLARIO</i>	
9.00	<i>Action Areas Activity report</i>	
9:00 – 9:15	Cognitive decline¹	Antonio Cano
9:15 – 9:30	Frailty¹	Marcello Maggio
9:30 – 9.45	Nutrition¹	Regina Roller

¹ Each action will receive a template on how to structure the presentation and with a maximum number of slides to use. The presentation should be no longer than 15 minutes to have 5 minutes for Q&A.



9.45 – 10.00	Caregivers¹	Melania Raccichini
10:00 – 10:15	Physical Activity¹	Federico Schena
10:15 – 10:40	<i>Coffee break</i>	
10.40 – 11.00	Site Visit: Physical activity for elderly people and people with Parkinson's disease.	Federica Bombieri
11.00 – 11:20	Reference Sites initiatives promoting healthy life style: Tuscany experience	Enrico Benvenuti
11.20 – 11.40	Reference Sites initiatives promoting healthy life style: Macvia - France experience	RSCN, Jean Bousquet
11.40 – 12.00	Updates from the WE4AHA CSA	Roberto Zuffada
12.00 – 13:00	Twinning matchmaking activities between RS and A3 AG partners	Facilitators: Maddalena Illario Enrico Benvenuti
13:00 – 14:00	<i>Lunch break/Poster display</i>	
14.00 – 16.30	Round tables on abstracts submitted by partners².	<p>1. <u>Frailty and Caregiver:</u> Moderator: Marcello Maggio Partecipants: Alvino, Raccichini, Longobucco, Liotta, Giaretta, Derke.</p> <p>2. <u>Nutrition and Physical Activity:</u> Moderators: Regina Roller-Wirnsberger, Federico Schena Partecipants: Jerenec, Andersen, Coppola, Apóstolo, Calabria, Iaccarino, Geurden, Bombieri. Buono,</p>

² Key results produced at local or AG level with a specific focus on those results having a clear, measurable and direct impact on EU citizens: partners (3 round tables * 50').



		<p>Liguori</p> <p>3. <u>Cognitive decline and Digital tools:</u></p> <p>Moderators: Antonio Cano, López Samaniego Luz</p> <p>Partecipants: Seidel, Balula Dias, Solana, Pazzi, Pascale, Ricciardi</p>
16.30 – 17.00	<p>Revision of A3 Action Plan matrix</p> <p>Discussion of partners about perspective of development of collaborative activities.</p> <p>EHTEL.</p> <p>Planning next F2F in Denmark.</p>	
17:00	Closing remarks	

