A class within an eight-class module



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Metodologia delle misure delle attività sportive

Friday 23/11/2018 10:30÷12 Luca P. Ardigò Ph.D.







Culhane et al., 2004

measures



90°

Figure 3 Standing criteria.

Culhane et al., 2004



measures





#### measures



### min. and max. predictive value and sensitivity per class



Busser et al., 1997 . uniaxial accelerometer (@front thigh) + 2 unixial accelerometer/digital data-logger (backpack) -> sitting, standing, lying, crawling, walking, running, going on a swing 73÷91% detection;

#### measures

#### class

Figure 6 Minimal and maximal validity of the individual ADL categories based on the monitor's sensitivity ( $S_{min}$  and  $S_{max}$ , respectively) and predictive value ( $P_{\min}$  and  $P_{\max}$ , respectively). Sensitivity indicates how often the monitor recognizes a category; the predictive value indicates how often the decision of the monitor is correct. A lack of sensitivity indicates a false negative; a lack of predictive value indicates a false positive.





. three uniaxial accelerometers (2@sternum, front thigh) + digital recorder;

-> sitting, standing, lying, walking, climbing/going down stairs, cycling 80% detection (Veltink et al., 1996);

. four biaxial accelerometers (@lateral thighs, sternum or front forearms) + HR monitor + digital recorder;

-> more than twenty different postures/locomotions 83÷88% detection;

#### measures



Figure 1. An extended configuration of the Activity Monitor, with accelerometers at the thighs, trunk, and lower arms.

150

Bussmann et al., 2001



- Introduction of another type of physical sensor: . (@sternum) two biaxial accelerometers

+ piezoelectric gyroscope + digital recorder (@wrist);

#### measures



Najafi et al., 2003





TABLE II Overall Sensitivity and Specificity of Transition Detection for the 11 Elderly (First Study)								
	Total PT <sup>*</sup>	Sensitivity, %					Specificity, %	
# Test		ΡT	SiSt**	StSi	Lying	Walking	SiSt	StSi
1	40	100	100	100	100	95±4	100	100
2	66	98±5	100	97±10	-	97±3	95±12	100±0
3	58	100	97±10	63±29	-	-	63±29	97±10
4	58	100	88±25	75±29	-	-	75±29	88±25
5	64	96±9	89±18	86±19	-	-	86±19	94±13
6	57	100	85±19	72±24	-	-	72±24	85±19
Mean	57±9	99±2	<b>93</b> ±7	82±15	100	96±1	82±15	94±6

\* PT: Postural transition.

\*\* SiSt: sit-to-stand transition.

† StSi: stand-to-sit transition.

Najafi et al., 2003

-> posture change, walking detection;

#### measures





- thermometry, ventilation measure):
  - . e.g., HR monitor (-> ME) + motion sensor(s) (-> motion-sensor-sensitive PA);
- accelerometers + inclinometers -> body position over time -> 85% unstructured exercise thermogenesis estimate:
  - . total internal heat produced  $\approx 75 \div 80\%$  energy intake;
  - . partial internal heat produced <- sitting, standing, walking, working, any other unstructured exercise;

  - . i.e., motion sensor -> yes/not time to use HR monitor for ME estimate;

### measures

### - Accelerometry (-> movement) + physiological measure (e.g., HR measure,

. proposal: (during the day) wearing motion sensor, (structured exercise) wearing HR monitor;







. exception: children (i.e., V'O2 [ml O2/kg<sup>.75</sup> min] correlated w/both counts, HR, but w/counts r<sup>2</sup> > w/HR r<sup>2</sup>);

#### measures

Eston et al., 1998









### Second generation accelerometers (re: children HR)



#### . solution: two different individual V'O2 vs. HR relationships, one for inactivity, one for PA;

#### measures

