



PERSONAL INFORMATION

Mara Paneroni



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Sex Female | Date of birth 08/11/1978 | Nationality Italian

WORK EXPERIENCE

From July 2008

Coordinator of a Cardio-Pulmonary Rehabilitation Service (team: 9 physiotherapists)
Fondazione Salvatore Maugeri- Lumezzane (BS)- Italy (Private Research Hospital)

From September 2001 to July 2008

Physiotherapist, Respiratory Therapist

Fondazione Salvatore Maugeri- Lumezzane (BS) – Italy (Private Research Hospital)

From April 2001 to September 2001

Physiotherapist, Fondazione Don Gnocchi - Rovato (BS)-Italy

LEARNING EXPERIENCE

From October 2018 until now
 PhD Student in Neuroscience, Psychological and Psychiatric Sciences,
 and Movement Sciences
 Verona University

From February 2011 to June 2012
 Statistics for clinical questions , University course
 Modena University- Italy
 Faculty of Medicine
 Vote 30/30 L

From 2006 to 2008
 Master of Science “Scienze delle Professioni sanitarie della Riabilitazione”
 Verona University -Italy
 Faculty of Medicine and Surgery
 Vote: 110/110

From 1997 to 2000
 Diploma in Physiotherapy
 Brescia University -Italy
 Faculty of Medicine and Surgery
 Vote: 108/110

Mother tongue(s) Italian

Other language(s)	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
Replace with language	C1	C1	B2	B2	B2
ENGLISH ↑					
Replace with language	B1	B2	B1	A2	A2
FRENCH ↑					

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
[Common European Framework of Reference for Languages](#)

Communication skills ▪ good communication skills gained through my experience as physiotherapist coordinator

PERSONAL SKILLS

Organisational / managerial skills

- leadership (currently responsible for a team of 9 people)
- High autonomy in the management of the rehabilitation program in terms of time , human and material resource management .
- Current experience relates to the management of rehabilitaton program in different settings (hospital, ambulatorial, domiciliary)
- Experience in the management of scientific research protocols

Job-related skills

- Experience gained mainly in a sub-intensive care unit and in a pneumological and cardiology rehabilitation ward, with patients with respiratory , neurological and cardiac diseases .
- Experience acquired in treatment of respiratory critical patients with involvement in weaning from mechanical ventilation and in management of non invasive mechanical ventilation.
- Experience in home rehabilitation telemedicine environment.
- Good capacity in the use of specific tools and technologies in rehabilitation field.

Digital competence

SELF-ASSESSMENT				
Information processing	Communication	Content creation	Safety	Problem solving
Proficient	Proficient	Proficient	Proficient	Proficient

Levels: Basic user - Independent user - Proficient user

- good command of office suite (word processor, spread sheet, presentation software)
- good command of statistical package (STATA).

• Other skills

- From 2008 teacher at “Respiratory and Cardiovascular Rehabilitation Science “ in Physiotherapy course , University of Brescia (Italy), Faculty of Medicine and Surgery.
- From 2013 teacher at “Research Methodology” course , Physiotherapy Course, University of Brescia (Italy)
- From 2013 Lecturer at the Master in Respiratory Physiotherapy - University of Milan
- From 2013 Editor-in-chief of the Rivista Italiana di Fisioterapia e Riabilitazione Respiratoria, official journal of Associazione Riabilitatori dell’Insufficienza Respiratoria .
- Participation in several Italian and international conferences and courses in the field of pneumology with posters, oral presentations and presentations (on request)
- Tutor and supervisor of 15 thesis in cardio- respiratory therapy field in the last 10 years.

Driving licence B

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- Vitacca M, Kaymaz D, Lanini B, Vagheggini G, Ergün P, Gigliotti F, Ambrosino N, Paneroni M. Non-invasive ventilation during cycle exercise training in patients with chronic respiratory failure on long-term ventilatory support: A randomized controlled trial. *Respirology*. 2018 Feb;23(2):182-189. doi: 10.1111/resp.13181.
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Non-invasive ventilation during cycle exercise training in patients with chronic respiratory failure on long-term ventilatory support: A randomized controlled trial. *Respirology*. 2017 Sep 22. doi: 10.1111/resp.13181.

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Vitacca M, Paneroni M, Bianchi L., Clini e, Vianello A, Ceriana P, Barbano L, Balbi B, Nava S. Maximal inspiratory and expiratory pressure measurement in tracheostomized patients. *Eur Respir J* 2006 Feb; 27: 342-349.

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M.Paneroni, R. Porta

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Brescia, 01.05.2019

